

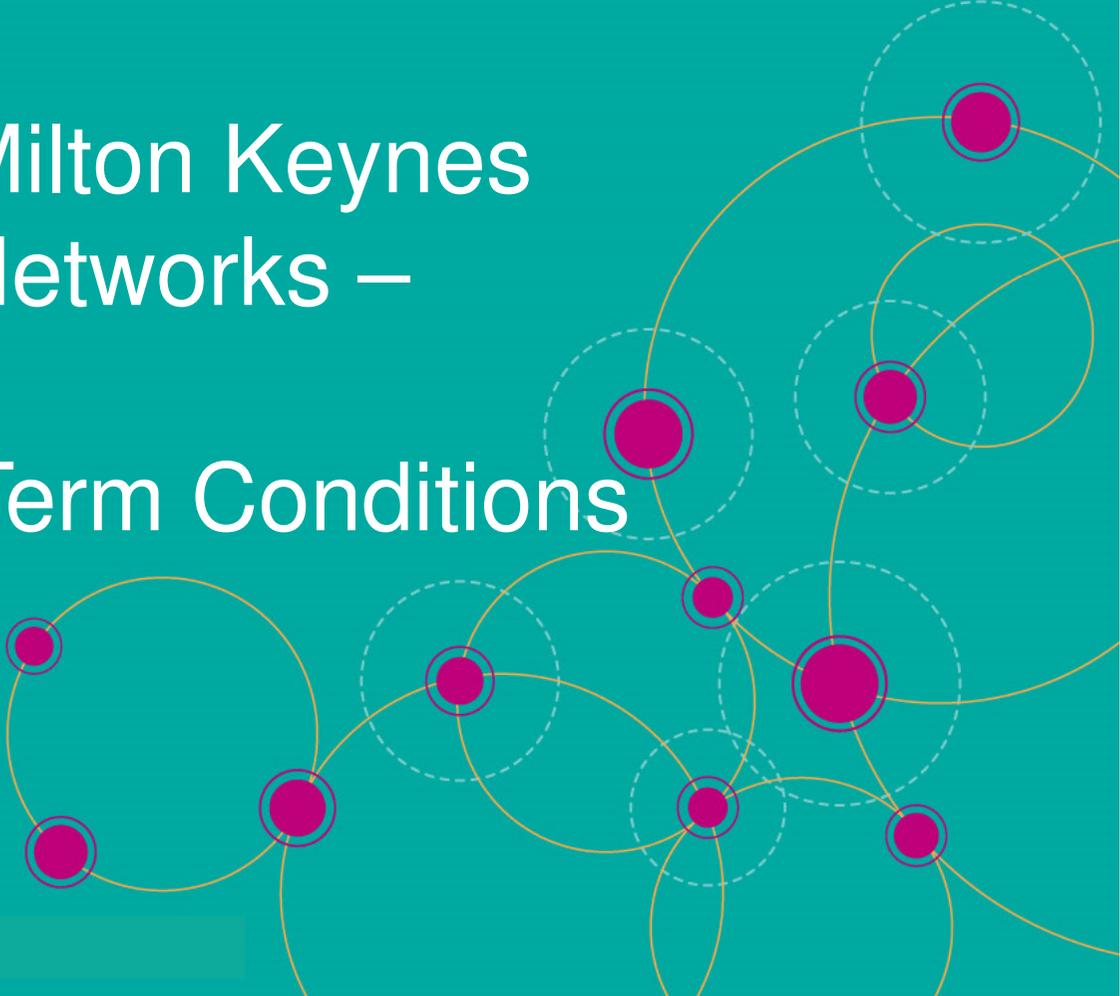


Strategic clinical networks
Clinical senates



Thames Valley & Milton Keynes Strategic Clinical Networks –

Summary – Long Term Conditions Recommendations



September 2016

We trust you will find this commissioning guidance for the Long Term Conditions agenda in Thames Valley and Milton Keynes for 2016/17 useful.

This year there are two main differences in our approach:

- We heard from you that it was a valuable resource which would be made more valuable by bringing together the advice from our partners as well. This now includes support and guidance from PHE, the Oxford AHSN and HEE.
- This year as well as bringing you this guidance as a web portal which aims to be intuitive, convenient and more detailed - we are able to provide pdf copies of the guidance which should aid accessibility and provide an opportunity to print and share should you so wish.

While the Guidance is segmented by the clinical areas covered by the SCN, we would like to stress some underlying principles:

- Prevention is a key priority for all and is everyone's responsibility. We are pleased to partner with PHE and bring their message to you with ideas for what needs to be addressed, examples of how it can be done and the potential gain from the initiatives.
- The integration of mental and physical health is key to providing holistic patient-centred care. This is gaining traction in clinical areas such as perinatal mental health, cardiovascular disease and serious mental illness, the entire long term condition agenda and end of life care.
- With the significant proportion of health care burden on patients and the system related to long term conditions, the importance of the TV LTC transformational programme cannot be overemphasised. The traction that programme has gained in primary care now needs to be firmly embedded and systematised.
- The current push for system working gives us all the opportunity to contribute in different ways and at varying levels towards the same aim. We hope this guidance will provide an opportunity to connect widely and pose questions, share good practice and offer practical solutions. Your SCN leads contact details can be found at the end of this guidance (alongside your other clinical network leads)

Commissioner Recommendation - Patient Activation & Self-management

- Promote the uptake of care planning training, identifying from this pool clinical champions to become local trainers
- Once identified, clinical champions to take TVSCN-supported “Train the Trainer” programme
- Base LTC plans on the House of Care framework, ensuring effort is focussed on all aspects, with metrics and outcomes that reflect all components
- Progress through commissioning plans the adoption of care planning in a systematic way using the rolling programme on offer through the SCN
- Develop commissioning plans for the long term sustainability of care planning by determine number, mix of local trainers, and/or facilitators to work at team/practice level
- Provide a rolling programme of training, on-going support, considering audit and evaluation as recommended in guidance and to consider the wider spread across all LTCs
- In line with Diabetes recommendation from Sustainability & Transformation Plans on structured patient education, use the recommendations of the TVSCN Diabetes patient education report to develop commissioning plans for the provision of comprehensive education for patients
- Set up processes to capture patient needs identified in care planning consultations, and reflect these interventions in commissioning plans as defined as social prescribing
- Take a networked approach to developing an education strategy for Health Care Professionals to support on-going education in care planning and recognising the complexity of patients with co-morbidities.